Physiotherapy Associates

Allison Klapperich, MS, LAT, ATC is employed at Physiotherapy Associates and provides athletic training/sports medicine services to Iowa Rush since 2010. Allison provides injury consulations free of charge to all Iowa Rush athletes. These consultations include injury assessments, education and prevention. Please visit www.teamphysiopt.com to check out the services that will benefit you.

Athletic Training Services Spring 2014 Season

Spring 2014 Parent Notes

Ankeny Walk-In Clinic Information- Spring 2014

May 14th - Free School and Sports Physicals INFO

Phoca PDF

What is an Athletic Trainer?

A Certified Athletc Trainer is an allied health care professional that specializes in prevention, assessment, management and rehabilitation of athletic injuries. Athletic trainers provide a vital communication link between the injured athlete, physician, coach and the athlete's family to determine when it's safe to return to practice and competition.

Athletic Trainer Contact Information

Work: (515) 965- 5311

Work: (515) 323-6485

Cell: (641) 330- 9204

Email: allison.klapperich@physiocorp.com

Team Physical Therapist

Jason Augustine, DPT

Physio Ankeny North

Work: (515) 965-5311

Resources:

Nutrition and Health

Education for Coaches

- Fall 2013
- Spring 2014

Head Injury Information

Phoca PDF

Performance Enhancement- Coming Soon!
Injury Management

Monthly Newsletter

January 2014	April 2014	July 2014	October 2013
February 2014	May 2014	August 2013	November 2013
March 2014	June 2013	September 2013	December 2013

Phoca PDF