



The Iowa Rush is proud to announce that 23 recreational U9 and above teams will be representing the club in the Greater Des Moines Junior Soccer League (GDMJSL) this spring. The GDMJSL prides itself in being “the premier home of recreational soccer in central Iowa” and we wish our Recreational teams the best of luck this upcoming spring season! We do currently have spots available on all of our recreational teams, so please contact the Director of Coaching-Recreation at [RecDOC@iowarush.com](mailto:RecDOC@iowarush.com) if your child would be interested in playing this spring season. More information about the Iowa Rush Recreational programs offered can be found [HERE](#).