

The Fall 2011 season brought out many highlights for each select team, here's a list of the most notable for each team!

U11 Boys

- Increased interest and ability to share and circulate the ball multiple times on the ground
- Increased technical proficiencies in finishing, striking a ball over distance, passing on the ground and collecting balls out of the air
- Greater understanding of what good soccer looks like
- Playing against each other in tournament final
- Two first place finishes out of three tournaments

U11 Girls

- Increased interest and ability to share and circulate the ball multiple times on the ground away from pressure
- Increased technical proficiencies in dribbling, shooting, passing on the ground and collecting balls on the ground
- Greater understanding of what good soccer looks like
- Playing in tournament finals for two consecutive tournaments

U12 Boys

- Champion- JUSC Invitational
- Increased the technical abilities of the individual player in passing, receiving, finishing, turning and taking players on.
- Increased tactical understanding in playing different positions and the role that each position requires
- Gained insight as a squad of playing "soccer"; connecting, dynamic and possession oriented soccer

- Developing a strong technical base that enables individual success in the game
- More than competitive in league play, won far more than tied and lost.
- Players faced adversity with a fighting spirit

U12 Girls

- Competitive in the three 8v8 tournaments (two first places and one second place)
- Competitive in IPSL league matches vs U12G and U12B teams
- Improved individual and team ability to circulate ball in order to keep possession and open opposition defenses
- Improved ability to work in small groups to attack and defend
- Good practice and game attitude. Overall players come ready to practice, play and compete hard

U13 Boys

- Competitive in most of IPSL league matches
- Competitive at two last Tournaments
- Improved individual and team ability to circulate ball in order to keep possession and open opposition defenses
- Improved individual ball striking and finishing technique
- Good practice and game attitude. Overall players come ready to practice, play and compete hard.

U13 Girls

- Champion- Just For Girls Tournament
- Improved possession and ideas on how and when to get to goal
- Improved ability to organize defensive team shape quickly and efficiently
- Improved mental and physical approach to training and establishing better training habits

U14 Boys

- Finalist- NSC Fall Cup
- Finalist– Heartland Invitational Tournament
- Increased level of understanding in positioning and game strategy at an MRL level
- Increased level of passion for competition, not just passion for game
- Increased level of commitment to soccer sport specific development
- Increased number of ODP participants and pool players

U14 Girls Nike

- Increased ability to connect and keep possession with 8-10 passes, moving us from one part of the field to another
- Better understanding and implementation of high pressure defending and cues of good times for this to occur
- Ball-winning, challenging for 50-50 balls and tackling

U14 Girls Swoosh

- Improved ideas on when and how to get to goal and score
- Improving ways to manage games and finding ways to 'come back' after giving up a goal
- Improved team shape defensively especially against varying styles of attack from opposing teams

U15 Boys

- Champions- JUSC Boys Tournament
- Finalist- Halloween Havoc Soccer Tournament
- Undefeated IPSL season.
- Increased ability to make adjustments and improvements during game

-Became united as a team

U15 Girls

-Champions- St. Louis Scott Gallagher Friendlies

-Finalist- U15 Girls - Iowa State Cup

-Increased attacking urgency and willingness to push game at opponents backline to get behind and create goal scoring chances

-Increased gamesmanship and ways to hold lead, come from behind and strategize at a more mature and competitive level

-Increased speed of transition and decreased the moments players “shut-off”/ lost focus

-Much greater sense of “TEAM” and commitment to playing for teammates

U16 Girls

-Finalist- U16 Girls, Iowa State Cup

-Increased ability to recognize-in each game- valuable/dangerous spaces that was available for us as a way to get into the attack

-Improved runs off the ball to help the game and provide multiple options to the player on the ball

-Winning 4 games at the CSI Tournament with more sophistication to our system and style than any other team we played

U17 Boys

-Champions— Heartland Invitational Tournament

-Finished the season strong— 5 wins in last 6 games.

-Greater development of team leaders

-Competed strong with each and every team during fall season

U18 Girls

- Finalist- JUSC Invitational
- Won more games than lost and tied
- Continued to develop technically and tactically
- Successfully played a possession style of soccer
- Embodied a "team" aspect in playing with younger players in an older league
- Played through adversity having a limited number of players rostered and/or healthy
- Excelled in understanding of playing "soccer" rather than kick-ball
- Demonstrated the ability to play direct and indirect soccer