

The Iowa Rush is excited to announce the full list of camps for each program during the 2013-2014 Season. Below is a list of all Camp and Program offerings for the 2013-2014 Season. We believe that we have been able to provide a number of additional opportunities for all of our programs to continue to grow as soccer players.

**Select Camp Offerings:**

The Select camp offerings are designed not only to increase skill on the ball, but also to increase fitness, speed and agility which can be critical to give the edge at the highest level. In addition there are age group specific camps that allow players to focus on items that are need at their current level or to increase their skill set and knowledge of the game.

| Season | Dates          | Time                     | IA Rush Offering             | Director      | Price | Level  | Package                 |
|--------|----------------|--------------------------|------------------------------|---------------|-------|--------|-------------------------|
| Fall   | August 5-9     | 9am - Noon               | Pro-Elite                    | Nuno Ferreira | \$140 | Select | Yes                     |
| Fall   | August 5-9     | 3-4:30pm                 | Goalkeeping Camp 1 U11-U13   | Will Heaston  | \$75  | Select | Yes                     |
| Fall   | August 5-9     | 4:45-6:45pm              | Goalkeeping Camp 2 U14-U18   | Will Heaston  | \$100 | Select | Yes                     |
| Fall   | Wednesdays     | 5:30-6:30pm, 6:30-7:30pm | Select Programming           | Andrew Rowher | NA    | Select | Included in Select Fees |
| Fall   | TBD            | TBD                      | Rush Cup                     | TBD           | NA    | Select | Included in Select Fees |
| Fall   | Package Season | TBD                      | iSoccer                      | Nuno Ferreira | NA    | Select | Yes                     |
| Winter | TBD            | TBD                      | Cheeky Monkey 1              | TBD           | \$125 | Select | Yes                     |
| Winter | TBD            | TBD                      | Cheeky Monkey 2              | TBD           | \$125 | Select | Yes                     |
| Winter | TBD            | TBD                      | Cheeky Monkey 3              | TBD           | \$125 | Select | Yes                     |
| Winter | TBD            | TBD                      | Street Soccer                | Nuno Ferreira | NA    | Select | Included in Select Fees |
| Winter | TBD            | TBD                      | CASH                         | TBD           | \$99  | Select | Yes                     |
| Winter | TBD            | TBD                      | Senior Winter Camp U15 - U18 | Daryl Brazeau | \$125 | Select | Yes                     |
| Winter | TBD            | TBD                      | Junior Winter Camp U11-U14   | Daryl Brazeau | \$125 | Select | Yes                     |
| Winter | TBD            | TBD                      | Defending Camp               | Nuno Ferreira | \$75  | Select | Yes                     |
| Winter | TBD            | TBD                      | Soccer Specific Fitness      | Nuno Ferreira | \$75  | Select | Yes                     |
| Winter | TBD            | TBD                      | College Combine              | Daryl Brazeau | NA    | Select | No                      |
| Winter | TBD            | TBD                      | Winter Training              | TBD           | \$150 | Select | No                      |
| Spring | Package Season | TBD                      | iSoccer                      | Nuno Ferreira | NA    | Select | Yes                     |
| Spring | Wednesdays     | TBD                      | Select Programming           | Andrew Rowher | NA    | Select | Included in Select Fees |
| Summer | TBD            | TBD                      | Senior Summer Camp U15 - U18 | Daryl Brazeau | \$125 | Select | Yes                     |
| Summer | TBD            | TBD                      | Junior Summer Camp U11-U14   | Daryl Brazeau | \$125 | Select | Yes                     |

Each camp can be purchased on a per camp basis or as a part of the Select Camp Package as described below.

**Select Camp Package:** The Select Camp Package includes access to all camps as noted with a “Yes” under the Package column in the above chart at the price of \$500 per player. If a player is likely to attend numerous camps throughout the year the Select Camp Package is a way for our members to attend those camps at a discount. All Select Camp Package members will be given priority registration one week prior to the each camp opening for the general public. There have been some changes made to the Select Camp Package; some of the key changes are listed below:

**Key Package Changes:**

- **Winter Training:** Not included in Select Camp Package
- **Winter Training:** Now open to all members at the same time Oct. 1st, there is no priority registration.
- **New Camps:** Any camp created/started during a package cycle will fall into an a la carte

purchase. Package members would have to register for these camps in the same manner as a member without a package. The new camp may then be rolled into the Select Camp Package by the club for next year.

- **Select Programming:** Open to all Select players, there will no longer be a Select Camp Package specific programming
- **Package Registration:** *Only* available during the registration window July 1<sup>st</sup>-July 31<sup>st</sup>

For more information about the Select Camp Package please click [here](#) to access an information sheet.

### Academy Camp Offerings:

The Academy camp offerings are designed specifically for Academy age players that correspond with the skills and lessons that are taught throughout the season.

| Season | Dates | Time | IA Rush Offering                 | Director      | Price | Level   | Package |
|--------|-------|------|----------------------------------|---------------|-------|---------|---------|
| Fall   | TBD   | TBD  | Friday Night ALL Play            | Daryl Brazeau | \$20  | Academy | No      |
| Fall   | TBD   | TBD  | Finishing Camp                   | Nuno Ferreira | \$75  | Academy | No      |
| Winter | TBD   | TBD  | Academy Winter Camp U9-U10       | Daryl Brazeau | \$150 | Academy | No      |
| Winter | TBD   | TBD  | Winter Training                  | TBD           | \$150 | Academy | No      |
| Spring | TBD   | TBD  | Academy Coordination and Agility | Daryl Brazeau | \$20  | Academy | No      |
| Spring | TBD   | TBD  | Friday Night ALL Play            | Daryl Brazeau | \$20  | Academy | No      |
| Spring | TBD   | TBD  | Academy Finishing                | Daryl Brazeau | \$20  | Academy | No      |
| Winter | TBD   | TBD  | Academy Summer Camp U9-U19       | TBD           | \$150 | Academy | No      |

All Academy Camps can only be purchased on a per camp basis.

### Recreational Camp Offerings:

The Iowa Rush Recreation Program is looking to create new offerings to those who want to develop as a player outside of games and training. New this year there will be a Pre-Season Camp for the Recreation Program offering a warm-up to the recreation season after the summer off.

| Season | Dates                  | Time          | IA Rush Offering                      | Director                    | Price | Level        | Package |
|--------|------------------------|---------------|---------------------------------------|-----------------------------|-------|--------------|---------|
| Fall   | August 5th-8th         | 5-6pm         | Kick Into Gear Pre-Season Camp U5-U8  | Candice Fabry/Nuno Ferreira | \$60  | Recreation   | No      |
| Fall   | August 5th-8th         | 6-7pm         | Kick Into Gear Pre-Season Camp U9-U18 | Candice Fabry/Nuno Ferreira | \$60  | Recreation   | No      |
| Fall   | TBD                    | TBD           | Kicks4kids U4-U6                      | Candice Fabry               | \$65  | 3yr-6yr olds | No      |
| Winter | TBD                    | TBD           | Hawklones                             | TBD                         | \$99  | Recreation   | No      |
| Spring | April 18,25,May 2,9,16 | 5:15 - 6:30pm | Kicks4kids                            | Candice Fabry               | \$65  | 3yr-6yr olds | No      |
| Spring | TBD                    | TBD           | Pre-Academy Clinic                    | Daryl Brazeau               | \$40  | Recreation   | No      |

All Recreation Camps can only be purchased on a per camp basis.

**Additional Offerings/Leagues:**

In addition to each camp the Iowa Rush also has a variety of leagues throughout the year that are designed to bring additional competition outside of the fall and spring seasons.

| Season | Dates                    | Time | IA Rush Offering                                 | Director              | Price                       | Level           | Package |
|--------|--------------------------|------|--|-----------------------|-----------------------------|-----------------|---------|
| Winter | TBD                      | TBD  | College Combine                                  | Paul Fabry            | Free to Rush Members        | Select          | No      |
| Winter | Dec 6, 13, 20th (2013)   | TBD  | Premier Challenge League Season 1                | Paul Fabry            | \$350 Team; \$60 individual | League (All)    | No      |
| Winter | Jan 10, 17, 25 (2014)    | TBD  | Premier Challenge League Season 2                | Paul Fabry            | \$350 Team; \$60 individual | League (All)    | No      |
| Winter | Jan 31, Feb 7, 14 (2014) | TBD  | Premier Challenge League Season 3                | Paul Fabry            | \$350 Team; \$60 individual | League (All)    | No      |
| Summer | TBD                      | TBD  | College Preparation Outdoor League U16-U18 B&G   | Danielle Oswald-Thole | \$125                       | League (Select) | No      |
| Summer | TBD                      | TBD  | College Preparation Outdoor League College Women | Danielle Oswald-Thole | \$125                       | League (Select) | No      |