

The Iowa Rush is proud to announce that 24 recreational U9 and above teams will be representing the club in the Greater Des Moines Junior Soccer League (GDMJSL) this fall. The GDMJSL prides itself in being “the premier home of recreational soccer in central Iowa” and we wish our Recreational teams the best of luck this upcoming fall season! We do currently have a limited amount of spots available on some of our recreational teams, so please contact the Director of Coaching-Recreation at [RecDOC@iowarush.com](mailto:RecDOC@iowarush.com) if your child would be interested in playing this fall season. More information about the Iowa Rush Recreational programs offered can be found [HERE](#).